UNITED
MEDICAL DOCTORS

CT Contrast Instructions

___ Location: 40663 Murrieta Hot Springs Rd. Ste. C1, Murrieta, CA 92562 (951) 200-6792

___ Location: 31150 Temecula Parkway Ste. 103, Temecula, CA 92592 (951) 404-0726

___ Location: 35100 Makena Avenue Ste. 101, Murrieta, CA 92563 (951) 574-6988

Appointment Date and Time:_____

PLEASE FOLLOW THESE ORAL CONTRAST INSTRUCTIONS CLOSELY

Oral contrast is required to properly complete your exam. Please drink the contrast as follows:

_____ CT Abdomen	1 bottle	1 hour prior
_____ CT Abdomen & Pelvis	2 bottles	Drink 1½ bottles 2 hours prior to arrival and save ½ of 2nd bottle for time of the exam

_____ CT Abdomen or CT Abdomen & Pelvis for an **ADRENAL**, **RENAL**, **STONE, PANCREATIC or LIVER** protocol (eval for hemangioma, cyst or mass) or Abdomen for **AAA** (eval for abdominal aortic aneurysm) **NO oral contrast needed**. Patient will be given water to drink 15 minutes prior to the scan by the technologist.

_____ CT Pelvis	2 bottles	1st – 2 hours prior 2nd – 1 hour prior
_____ CT Enterography	Upon arrival to the office, you will drink a large quantity of solution in a small amount of time prior to your scan.	
_____ CT Angiography	No drink needed	
_____ CT Chest	No drink needed	

- **Please finish all of the contrast as prescribed. It is important to the success of your exam.**
- **Please have nothing to eat or drink (except the contrast), no smoking or chewing gum for 4 hours prior to the exam.**
- **Please contact our CT Technician at your appointment location if you are Diabetic, over 60 years of age, a Dialysis patient or have Renal (kidney) disease, or you are breastfeeding. These conditions have special requirements and instructions.**

***Note**: You may experience bowel urgency immediately following exam. Please bring a change of undergarments.*

*********ATTENTION*********

YOU MUST GO FOR YOUR BLOOD TEST RIGHT NOW TO ENSURE YOUR CT APPOINTMENT WILL BE KEPT FOR THE SCHEDULED DATE.