



## CT Contrast Instructions

\_\_\_ Location: 40663 Murrieta Hot Springs Rd. Ste. C1, Murrieta, CA 92562 (951) 200-6791 x111

\_\_\_ Location: 31150 Temecula Parkway Ste. 103, Temecula, CA 92592 (951) 404-0726

Appointment Date and Time: \_\_\_\_\_

### PLEASE FOLLOW THESE ORAL CONTRAST INSTRUCTIONS CLOSELY

Oral contrast is required to properly complete your exam. Please drink the contrast as follows:

_____ CT Abdomen	1 bottle	1 hour prior
_____ CT Abdomen & Pelvis	2 bottles	Drink 1½ bottles 2 hours prior to arrival and save ½ of 2 <sup>nd</sup> bottle for time of the exam
_____ CT Pelvis	2 bottles	1 <sup>st</sup> – 2 hours prior 2 <sup>nd</sup> – 1 hour prior
_____ CT Enterography	Upon arrival to the office, you will drink a large quantity of solution in a small amount of time prior to your scan.	
_____ CT Angiography	No drink needed	
_____ CT Chest	No drink needed	

- Please finish all of the contrast as prescribed. It is important to the success of your exam.
- Please have nothing to eat or drink (except the contrast), no smoking or chewing gum for 4 hours prior to the exam.
- Please contact our CT Technician at your appointment location if you are Diabetic, over 60 years of age, a Dialysis patient or have Renal (kidney) disease, or you are breastfeeding. These conditions have special requirements and instructions.

***Note:*** You may experience bowel urgency immediately following exam. Please bring a change of undergarments.

\*\*\*\*\***ATTENTION**\*\*\*\*\*

**YOU MUST GO FOR YOUR BLOOD TEST RIGHT NOW TO ENSURE YOUR CT APPOINTMENT WILL BE KEPT FOR THE SCHEDULED DATE.**