

UPPER ENDOSCOPY INSTRUCTIONS (ESOPHAGOGASTRODUODENOSCOPY)

Procedure Date: _____ **Procedure Time:** _____

This is an APPROXIMATE TIME. The nursing staff will call you three (3) business days prior to your procedure to confirm your arrival time.

PLEASE FOLLOW THESE INSTRUCTIONS CLOSELY

- The duration of this procedure will be approximately 15-30 minutes. However, you should plan to be at the facility for 2-3 hours.
- **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE.**
- You may take your heart or blood pressure medications with a small sip of water. Please refrain from taking any other medications until the procedure has been completed.
- If you are taking blood thinners such as **Plavix, Aspirin, Coumadin, Effient, or any blood thinners not listed**, please discuss this with your physician.
- You are **required** to have responsible adult driver to take you home (18 years or older), they should be available to remain with you at home. You may not take a taxi or bus.
- You will receive a phone call from the nursing staff at the Endoscopy center prior to your procedure. They will be reviewing ALL medical history, ALL medical history, ALL medications including dosages and answering any questions you may have. We understand that you may have discussed this information with the medical office, for your safety the surgery center will review this with you as well.
- If you have urgent questions after business hours please call 951-200-6791.
- We will contact your insurance company for authorization and verification of benefits. If you have a deductible which has not been met, you will be asked to make a payment to the physician's office prior to your procedure.