

CT CONTRAST INSTRUCTIONS

Location: 40663 Murrieta Hot Springs Rd. Ste. C1, Murrieta, CA 92562 (951) 200-6791 x111

Appointment Date and Time: _____

PLEASE FOLLOW THESE ORAL CONTRAST INSTRUCTIONS CLOSELY

Oral contrast is required to properly complete your exam. Please drink the contrast as follows:

_____ CT Abdomen	1 bottle	1 hour prior
_____ CT Abdomen & Pelvis	2 bottles	Drink 1½ bottles 2 hours prior to arrival and save ½ of 2 nd bottle for time of the exam
_____ CT Pelvis	2 bottles	1 st – 2 hours prior 2 nd – 1 hour prior
_____ CT Enterography	Upon arrival to the office, you will drink a large quantity of solution in a small amount of time prior to your scan.	
_____ CT Angiography	No drink needed	

*****No Metformin the day of the test and 48 hrs. after the test!*****

- **Please finish all of the contrast as prescribed. It is important to the success of your exam.**
- **Please have nothing to eat or drink (except the contrast), no smoking or chewing gum for 4 hours prior to the exam.**
- **Please contact our CT Technician at 951-200-6791 if you are Diabetic, over 50 years of age, a Dialysis patient or have Renal (kidney) disease, or you are breastfeeding. These conditions have special requirements and instructions.**

Note: You may experience bowel urgency immediately following exam. Please bring a change of undergarments.

******* ATTENTION*******

YOU MUST GO FOR YOUR BLOOD TEST RIGHT NOW TO ENSURE YOUR CT APPOINTMENT WILL BE KEPT FOR THE SCHEDULED DATE.